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# Kinesiology, M.S., Exercise and Sport Science Concentration



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This program focuses on the professional preparation of candidates to develop, administer and implement broad-based programs in one of the two concentration areas. The M.S. in Kinesiology is intended to prepare researchers and practitioners; therefore, the program provides thesis and nonthesis options.

## **Admission Requirements**

The following criteria will be used when considering applicants for admission to the Master of Science in Kinesiology in the School of Kinesiology:

- A. A relevant baccalaureate degree from an accredited undergraduate program and successful completion of necessary course pre-requisites.
- B. An undergraduate grade point average of 2.75 on a 4 point scale or 3.0 on last 60 semester hours or 90 quarter hours (United States institutions only). International students must consult with the graduate school of the University of Louisiana at Lafayette (UL Lafayette) as well as the Graduate Coordinator in the School of Kinesiology for additional admissions considerations.
- C. Graduate Record Examination (GRE) scores must be received by UL Lafayette before the first semester of graduate study. A combined GRE score of 1000 (verbal and quantitative) on the old scale or a combined score of 302 with the new scale are used as reference values when
- D. Three letters of recommendations written by individuals who are familiar with the student's ability to do graduate work. In most instances these letters should be from undergraduate faculty or professionals in the field of Kinesiology (i.e., health, recreation, exercise science, and
- E. Personal Interviews a candidate may be invited for a personal interview with graduate faculty representatives.

\*NOTE: Individual criteria listed above are not absolutes. The review process is dynamic in that all of the criteria are considered collectively. GRE Scores above the reference values do not insure a candidate's admission or scores below the values do not necessarily exclude a candidate from consideration. Other criteria may include: publications, research experience, unique and relevant professional experiences, certifications and licensures, communication skills both written and spoken and teaching experience in areas of need for graduate assistant applicants.

# Course Requirements

The Master of Science Degree in Kinesiology is intended to prepare researchers and practitioners; therefore, the 36 hour program provides both thesis and non-thesis options.

#### Thesis Track:

- . 12 hours of graduate core courses
- · 9 hours in the cognate area
- · 9 hours of guided electives
- 6 hours of thesis

## Non Thesis Track:



- · 9 hours in the cognate area
- · 6 hours of guided electives
- 9 hours of research-related Special Projects (i.e., KNES 497 or KNES 498; 3 hours), Individual Study (i.e., KNES 597; 3 hours), and an Internship (i.e., KNES 600; 3-9 hours). Students in the Health Promotion, Recreation and Sports Management Track may elect to take the internship for up to nine hours.

The electives will be selected in consultation with the student's advisor from a list of courses in Kinesiology. If a student has a specialized interest area in one of several support fields (i.e., dietetics, biology, psychology, health information management, business, etc.), electives in these areas must be approved by the advisor.

## Scholarships

The School of Kinesiology gives over \$25,000 in scholarships annually to KNES majors in all programs. For more information, contact 337-482-6615

For more information, go to: http://gradschool.ucs.louisiana.edu/

For further information, contact Dr. Claire Foret Graduate Program Director Bourgeois Hall, Room 129-B Phone 337/482-6462 Email: cforet@louisiana.edu

## Requirements

## First Semester (9 Hours)

- KNES 504 Advanced Exercise Physiology 3 Credit(s).
- KNES 507 Bioenergetics of Exercise 3 Credit(s).
- . KNES 506 Current Literature in Kinesiology 3 Credit(s).

## Second Semester (9 Hours)

- KNES 512 Muscle Physiology 3 Credit(s).
- KNES 560 Biomechanics of Human Movement 3 Credit(s).
- KNES 510 Research Methods in Kinesiology 3 Credit(s).

## Third Semester (9 Credits)

- KNES 501 Applied Statistics in Kinesiology 3 Credit(s).
- KNES 502 Measurement and Evaluation Instrumentation in Exercise Physiology 3 Credit(s).
- KNES 503 Motor Learning 3 Credit(s).

## Fourth Semester (9 Credits)

- KNES 599 Thesis Research and Thesis 3-12 Credit(s).
- KNES 600 Internship in Kinesiology 3-6 Credit(s).
- Guided Elective Choose 3 Credits. (in consultation with an advisor for thesis option)
- Guided Elective Choose 6 credits. (in consultation with an advisor for the non-thesis option)

#### **Guided Electives**

- . KNES 425G Reconditioning of Sports Injuries 3 Credit(s).
- KNES 450G Exercise Testing and Prescription 3 Credit(s).
- KNES 430G Advanced Sports Medicine 3 Credit(s).
- KNES 455G Advanced Periodization and Prescription of Resistance Training 3 Credit(s).
- KNES 508 Strategic Management in Kinesiology 3 Credit(s).
- . KNES 530 Program Planning and Evaluation for Kinesiology 3 Credit(s).
- KNES 540 Psychosocial Aspects of Kinesiology 3 Credit(s).

